

**Spring Arbor University Women's Soccer
Recruit Weekend
February, 18-19, 2011**

Friday, February 18th

10:00 a.m. – 11:00 a.m. – Arrive on Campus – get things settled where you'll be sleeping/see dorms

11:30 a.m. – Lunch with members of the team and coaching staff – Parents welcome

1:00 p.m. – Admissions meeting - Parents welcome

1:30 p.m. – Campus tour – Parents welcome

2:00 p.m. – Meeting with Coach Crist and Captains – Outline of Team philosophy – Parents welcome

3:00 p.m.-5:00 p.m. – Dorm time with players

5:00 p.m. – 6:00 p.m. – Dinner

7:00 p.m.-9:00 p.m. – Indoor play at the fieldhouse

Saturday, February 19th

8:30 a.m. – Light Breakfast

9:00 a.m. -10:30 a.m. – Small sided futsal games / training in Dunckel Gym

11:00 a.m. – 12:30 p.m. – Individual Meeting with Coach Crist and release!

What you should bring:

Pillow

Sleeping Bag

Two sets of Training clothes

Bathroom stuff

Indoor shoes or running shoes (gym floor type of surface)

Shin guards (Mandatory)

One set of casual clothes for Friday night

Medical Insurance Card or copy of the same

Questions about our University and soccer program! ☺

GO COUGARS