



## Pool, Field House & Fitness Room Hours

**SPRING 2012**

Effective January 4, 2012 – May 11, 2012

### POOL –

Days	Hours	What & Who
Mon., Wed., & Fri.	8:45 a.m. – 9:30 a.m.	<b>Deep Water Walking (<i>open to everyone</i>)</b> \$3 – Community \$2 – Faculty/Staff/Students/Arena Club Members/Corporate Partners/ <b>with ID</b>
Tuesday & Thursday	8:45 a.m. – 9:30 a.m.	<b>Aerobic Swim (<i>open to everyone</i>)</b> \$3 – Community \$2 – Faculty/Staff/Students/Arena Club Members/Corporate Partners/ <b>with ID</b>
Monday – Friday	10:00 a.m. – 11:00 a.m.	<b>Aerobic Swim (<i>open to everyone</i>)</b> \$3 – Community \$2 – Faculty/Staff/Students/Arena Club Members/Corporate Partners/ <b>with ID</b>
Monday & Wednesday	6:00 p.m. – 7:00 p.m.	<b>Aerobic Swim (<i>open to everyone</i>)</b> \$3 – Community \$2 – Faculty/Staff/Students/Arena Club Members/Corporate Partners/ <b>with ID</b>
Monday – Friday	12:30 p.m. – 2:00 p.m.	<b>Lap Swim –</b> Faculty/Staff/Students/Arena Club Members/Corporate Partners/ <b>with ID</b>
Tuesday & Thursday *	5:00 p.m. – 7:00 p.m.	<b>Swim –</b> Faculty/Staff/Arena Club Members/Corporate Partners/ <b>with ID</b>
Tuesday & Thursday *	7:00 p.m. – 9:00 p.m.	<b>SAU Student Swim (SAU Students Only - SAU Student ID required)</b>
Friday*	4:00 p.m. – 6:00 p.m.	<b>Swim –</b> Faculty/Staff/Students/Arena Club Members/Corporate Partners/ <b>with ID</b>
Friday *	6:00 p.m. – 8:00 p.m.	<b>Community Swim - \$1 per person (EVERY swimmer pays \$1)</b>

\* Pool will be closed during Home Basketball Contests or the times may be adjusted.

### FIELD HOUSE –

Days	Hours	What & Who
Monday – Friday	8:00 a.m. – 10:00 p.m.	Faculty/Staff/Students/Arena Club Members/Corporate Partners/ <b>with ID</b> <b>CHECK WEEKLY SCHEDULE FOR AVAILABILITY</b>
Saturday	10:00 a.m. – 10:00 p.m.	Faculty/Staff/Students/Arena Club Members/Corporate Partners/ <b>with ID</b> <b>CHECK WEEKLY SCHEDULE FOR AVAILABILITY</b>
Sunday	<b>CLOSED</b>	

### FITNESS ROOM – (Access to the Fitness Room will be from the gym area)

Days	Hours	What & Who
Monday – Friday	8:00 a.m. – 10:00 p.m.	Faculty/Staff/Students/Arena Club Members/Corporate Partners/ <b>with ID</b>
Saturday	10:00 a.m. – 6:00 p.m.	Faculty/Staff/Students/Arena Club Members/Corporate Partners/ <b>with ID</b>
Sunday	<b>CLOSED</b>	

**REMINDER: SAU athletic practices, HHPR classes and special events have priority use of the facilities.  
We regret any inconvenience this may cause.**

**PLEASE BE PREPARED TO SHOW SAU/ARENA CLUB MEMBERSHIP UPON REQUEST.**

**SAU reserves the right to close the facility due to maintenance, school closings and/or the observance of holidays.  
Questions regarding building use or membership in the Arena Club, please call 517-750-6502.**